



phone friend

602.253.9099 • 1.800.308.2000 (Toll Free) • 480.736.2627 (TTY)

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dial up a smile

Parent Survey: Is your child ready for self-care?

Is your child ready to be home alone without supervision? Take the survey!

1. Has your child indicated that he/she is willing to try to take care of him/her self?
2. Is your child able to solve basic problems well? Is your child able to effectively communicate with adults?
3. Is your child generally comfortable being alone?
4. Can your child unlock and lock doors to your home without assistance as well as enter your home alone without fear?
5. Is there an adult living or working nearby that your child knows and can rely on in an emergency? This should be your "CONTACT PERSON."
6. Do you consider your neighborhood safe, and your home secure from intruders?
7. Do you consider your child capable of assuming self-care responsibilities, such as making snacks, cleaning his/her room and doing homework, for three to four hours each day?

IF YOU ANSWERED NO TO ANY OF THE ABOVE QUESTIONS, YOU MIGHT DELAY PLANS TO LEAVE YOUR CHILD BY HIM/HER SELF.

8. Has your child ever been caught playing with matches, lighters, or starting a fire?

9. Has your child ever been caught playing with dangerous equipment such as power tools, or experimenting with dangerous chemicals?

10. Does your child have nightmares, sleep disturbances, depression, unexplained seizures, or a disability that requires special supervision?

11. Does your child ever become aggressive or violent?

12. Is your child unable to access and use a telephone effectively from within your home?

IF YOU ANSWERED YES TO ANY OF THE QUESTIONS 8-12, YOU SHOULD CONSIDER OTHER ALTERNATIVES, RATHER THAN LEAVE YOUR CHILD IN SELF-CARE.

Finding child care can be an overwhelming experience for working families. **Child Care Resource and Referral** (CCR&R) is a statewide program that assists parents in their search for child care and educates them on how to identify quality child care programs. For more information regarding the CCR&R program, please visit:

<http://asccaz.org/ccrr.htm>

Phone Friend is a program of the Association for Supportive Child Care.

480-829-0500 x 1104 (Maricopa County)

480-535-4599 x 1104 (Toll Free)

<http://www.phonefriend.org>

